

SANTé

WELLNESS RETREAT & SPA

Fact Sheet

SANTé Wellness Retreat & Spa

Location: La Bella Vita Wine Estate,
Simonsvlei Road, Paarl, Western Cape, South Africa

Distance from Cape Town: 1 hour

Distance from Cape Town international airport: 40 mins

Nearby towns: Franschhoek (20 mins), Stellenbosch (20 mins), Paarl (10 mins)

Nearby Wine Estates: Bacco (0,5km), Babylonstoren (4km), Vrede en Lust (8km)

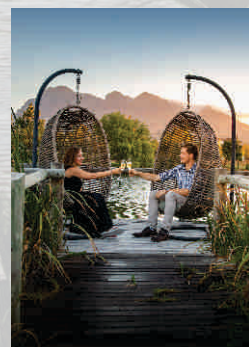
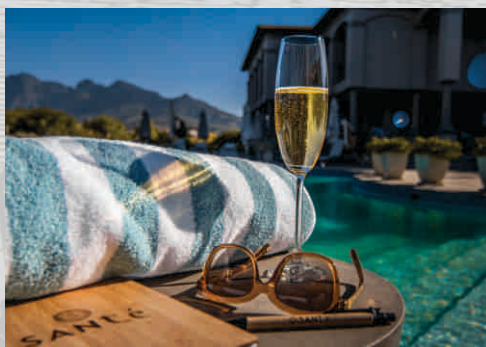
Contact Information:

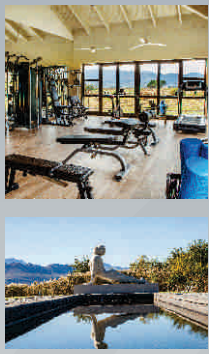
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La Bella Vita Wine Estate, Simonsvlei Road,
Paarl, Western Cape, South Africa, 7646

Phone: +27 21 879 1500

Email: reservations@santeretreat.co.za

Website: www.santeretreat.co.za





Introduction:

SANTé Wellness Retreat & Spa is a 5 star, luxurious destination Wellness Retreat & Spa nestled in the heart of Western Cape Winelands. Santé is the ultimate sanctuary for anyone who want to re-energize, rejuvenate and revitalize the body and mind. A haven with serene spaces and uncomplicated luxury, Santé promotes holistic well-being with a range of premium high tech wellness services and spa treatments complimented by gourmet honestly healthy cuisine.

Facilities:

1. ****World class, award winning Day Spa:****

- State-of-the-art spa facilities
- Highly Skilled therapists
- Signature spa treatments
- Hydrotherapy focus including hammam, razul, vinotherapy, saunas, and steam rooms

2. ****Luxury lounges, dining areas and suites:****

- Spacious, beautifully decorated lounges and dining areas
- Elegant, large, well appointed and individually decorated suites
- Choice of courtyard and mountain views
- Natural room amenities
- Concierge service

3. ****Fitness Center and Yoga & Pilates studio:****

- Modern fitness equipment
- Personal training sessions (at additional cost)
- Yoga & Pilates sessions (at additional cost)

4. ****Culinary Experience:****

- Gourmet, honestly healthy and nutritious cuisine
- Seasonal menus that change daily

5. ****Wellness Programs:****

- A selection of tailored wellness programs
- Fully inclusive of all meals and treatments
- High tech comprehensive health assessments



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Services:

1. ****Day Spa Treatments:****

- Signature experiences
- Massages, facials, hydrotherapy, wraps and body scrubs
- Beauty and anti-aging treatments
- Couples and bespoke group packages

2. ****Wellness Consultations:****

- Personalized health assessments
- Lifestyle and nutrition counseling
- Fitness evaluations
- Goal-oriented wellness programs

3. ****Bio Energy Center****

- Selection of treatments including sound and light therapy, Pulsed Electro Magnetic Field therapy, Red Light therapy and ozone therapy

Reservations and Bookings:

- Advance reservations recommended to avoid disappointment
reservations@santeretreat.co.za
- Online accommodation booking available through the official website
- Special packages for group bookings and events available on request



Social Media:

Stay connected and follow SANTé Wellness Retreat & Spa on social media for the latest updates, promotions, and wellness info.

 **Facebook:** SanteWellnessRetreatAndSpa

 **Instagram:** SanteWellnessRetreatAndSpa

 **X (Twitter):** @RetreatSante

Accolades:

SANTé Wellness Retreat & Spa has received recognition for its commitment to excellence in wellness and hospitality. Awards include:



South Africa's
Best Wellness Retreat



Africa's
Best Day Spa



South Africa's
Best Wellness Retreat



Africa's
Best Wellness Retreat



South Africa's
Best Wellness Retreat



Africa's
Best Wellness Retreat



South Africa's
Best Wellness Retreat



***Note:** The information in this Fact Sheet is subject to change. For the latest details and offerings, please visit the official SANTé Wellness Retreat & Spa website or contact the provided contact information.*