



REST, RUN AND RECOVER HUA HIN MARATHON OFFER

Experience the *Rest, Run and Recover* offer and take part in the Hua Hin Marathon 2026, organised by the Preserve Hua Hin Group in support of sustainability initiatives, including the preservation of the Krailart Niwate Mangrove Ecosystem — the last remaining urban mangrove in Hua Hin.



REST, RUN AND RECOVER

Enjoy preferred pricing with a 15% saving on existing retreat rates starting from THB 26,350++ per person per night and a curated selection of exclusive privileges:

- A complimentary 25-minute Physiotherapy
- A complimentary pre-marathon muscle warm-up Functional Mobility group class on 9th May 2026 at 16.00 – 17.00 hrs.
 - A complimentary Hua Hin Marathon ticket (any distance category)
- A complimentary round-trip transfer to/from the Hua Hin Marathon event on 10th May 2026
- A complimentary post-marathon Static Stretch group class on 11th May 2026 at 08.00 – 09.00 hrs.

25-MINUTE PHYSIOTHERAPY

Physiotherapy sessions start with an assessment of your musculoskeletal imbalances and injuries, followed by expert-assisted exercises to relieve pain and improve your range of movement.

PRE-MARATHON MUSCLE WARM-UP 'FUNCTIONAL MOBILITY' GROUP CLASS

16:00 - 17:00 | 9th May 2026

Learn how to prepare your body ahead of the marathon to improve fitness and performance, and most importantly reduce the risk of injury. It's an excellent way to increase blood flow and ensure you're ready to perform at your best.

POST-MARATHON STATIC STRETCH GROUP CLASS

08:00 - 09:00 | 11th May 2026

Non-dynamic stretching involves maintaining a still posture, encouraging muscular relaxation, improving flexibility, and lowering the risk of injury. It's ideal for recovery after the marathon.

INCLUDED WITH YOUR STAY

- Accommodation
- Individual health and wellness consultation
- Three wellness meals per night of stay, beginning with dinner
- Wellness minibar
- Physical analysis (Optional)
- Skin Consultation (Optional)
- Daily fitness and leisure activities (up to nine classes daily)
- Unlimited use of all resort facilities (steam, sauna, jacuzzi, cold plunge pool, swimming pools and gymnasium)
- One treatment per night of stay, choosing from: Thai Massage, Chiva-Som Signature Massage, Invigorating Massage, Relaxing Foot Massage, Oriental Scalp Massage, Chiva-Som Skin Haven Body Polish, Hydrotherapy (Detoxifying Balneotherapy, Flotation or Body Jet Blitz), Manicure or Pedicure
- Laundry (Four pieces per day)
- The Chiva-Som Collection (journal, tote bag, amenity bag and water flask)
- Additional retreat programme inclusions

TERMS AND CONDITIONS

- This offer is valid for new bookings made by 10th April 2026
- This offer is valid for stays of a minimum of three nights that include the Hua Hin Marathon event date on 10th May 2026
- All rates are in Thai baht and are subject to 17.7% service charge and VAT
- Complimentary treatments are non-transferable, cannot be carried forward, and non-redeemable for cash or any compensation
- Complimentary Hua Hin Marathon ticket is not redeemable for cash or any compensation
- This offer cannot be used in conjunction with any other promotional offers
- All other Chiva-Som terms and conditions apply

For more information or reservations, contact Chiva-Som's reservations team.

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